



MCLE Self-Study Test

Competence: Substance Abuse in the Legal Profession; Bad and Getting Worse

by David Mann, J.D., Northern California Consultant, The Other Bar*
Published November 2019, for the MCLE Spectacular

1. Drug and alcohol abuse in the legal profession is a problem that:
 - a. Is statistically insignificant.
 - b. Is on par with other professions.
 - c. Has been improving in recent years.
 - d. Is worse than other professions and is only recently being addressed on an institutional level.
2. The California State Bar Association's continuing legal education requirements have long included a mandatory unit on the subject of substance abuse.
 - a. True
 - b. False
3. The State Bar administers a legislatively-established Lawyer Assistance Program, ("LAP"), largely to address substance abuse, anxiety, depression, and other well-being issues.
 - a. True
 - b. False
4. Recent evidence for the existence of a serious mental health crisis in the legal profession:
 - a. is non-existent.
 - b. is largely anecdotal.
 - c. has been seriously discredited
 - d. is largely derived from a highly-regarded study that utilized a sample of 12,825 licensed, employed attorneys across 19 states.
5. In this study, the number of participants who screened positive for potentially alcohol-dependent drinking was:
 - a. not measured.
 - b. under 10 percent.
 - c. over 30 percent.
 - d. over 20 percent.
6. In the Krill study, respondents 30 years of age and younger were more likely to have a lower score than their older peers.
 - a. True
 - b. False
7. Addiction, which includes alcoholism, is classified as a disease by the AMA, and is widely regarded as:
 - a. chronic, progressive and fatal.
 - b. characterized by craving of the substance involved, and escalating and eventual compulsive use in spite of negative consequences.
 - c. an inability to control or stop using.
 - d. all of the above.
8. The eventual side effects of addictive drug or alcohol use include impaired thinking and memory, personality changes, behavioral deterioration, and eventual dysfunction, negatively impacting every facet of life.
 - a. True
 - b. False

Continued ►

9. A common profile of attorney personality traits does not include the following trait:

- a. controlling
- b. ego-driven
- c. pessimism
- d. humility

10. Attributes of the legal profession that challenge mental health include:

- a. High compensation and hourly billing.
- b. The adversarial system
- c. Advocacy for client's interests.
- d. All of the above.

11. The AMA's official classification of addiction as a disease has largely eliminated the legal profession's treatment obstacles of stigma and concern for damage to reputation.

- a. True
- b. False

12. The ABA's National Task Force on Lawyer Well Being reports a decrease in civility contributing to the toxicity of practicing law and finds that the current state of affairs is "incompatible with a sustainable legal profession."

- a. True
- b. False

Competence: Substance Abuse in the Legal Profession; Bad and Getting Worse by David Mann, J.D.

HOW TO RECEIVE ONE HOUR OF MCLE CREDIT

Answer the test questions, choosing the one best answer to each question. Mail this Self-Study and your payment* (\$30 per credit hour for CCCBA members/\$45 per credit hour for non-members) to CCCBA at the address below. Certificates are generally issued within two weeks of the day this form is received. (ID# 13616)

Name _____	State Bar # _____
Firm Name _____	
Address _____	
City, State, Zip _____	
Phone _____	
Email _____	
<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Amex <input type="checkbox"/> Check (payable to CCCBA)	
Cardholder Name _____	
Card Number _____	
Expiration Date _____	
Signature _____	

November 2019 MCLE Spectacular - 1 Hour Competence Issues MCLE Credit

Return this form to:

CONTRA COSTA COUNTY BAR ASSOCIATION
2300 Clayton Road, Suite 520, Concord, CA 94520