



LAW & CULTURE: PORTUGAL

# TASTE OF LISBON & NORTHERN PORTUGAL

4, 7 & 8 Night Program Options Available  
**May 10-18, 2023**

Register online at [www.cle-abroad.com/trip/calbars-pt](http://www.cle-abroad.com/trip/calbars-pt)

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## INCLUDED

Select Accommodations

Daily ground transportation and walking tours

Select group meals at top restaurants (including tips)\*

Wine Tastings and Pairings

Full-time tour leader, local guides and specialists

CLE Lecture series with local experts and professionals (Anticipated 5-7 credit hours)

Admission to all museums / attractions in program

Travel Tips and Guidance

*\*Select group meals will be curated for quality and diversity including beverages and tips:*

- Authentic Scottish and refined International cuisines
- Curated Food / Beverage Tastings and culinary experiences

Dietary restrictions will be accommodated

**Food surveys** distributed to participants at a later date.

## NOT INCLUDED

Airfare to/from Portugal

**NOTE** the 7 Night program begins in LISBON (LIS) & ends in PORTO (OPO) - **Plan Air Accordingly. Register for the 8 Night program to include a return transfer to Lisbon.**

Airport Transfers

Extra meals/drinks

Incidentals / Individual hotel expenses (e.g., mini bar, room services, laundry fees)

Trip cancellation insurance

COVID-19 related costs or testing (if required)



# YOU'RE INVITED!



Participating **California Bar Associations** welcome you and your guest(s) to join our journey through Portugal's Old World allure and New World splendor. Our immersive program will engage with local **attorneys, scholars, and artists** offering poignant commentary on the **Portuguese and EU legal and political systems, US-Portuguese relations, art, history, architecture, and religion**. You do not want to miss this opportunity to experience the heart of Portugal while earning MCLE credit (anticipated 5-7 hrs).

**Please Note:** This program will be operated in compliance with all local rules and COVID-19 safety measures applicable during dates of travel and all participants are expected to similarly comply.

**Note 2:** This program will require high-intensity walking on uneven and sometimes hilly cobblestone streets and stairs where an elevator is not always available. Participants must be able to walk unassisted.



# EARLY BIRD DISCOUNT

**Register by December 12, 2022 & receive \$100 off per person**

*Ask CLE Abroad about discounts for public interest, military or charitable service professionals.*

**See Online Registration Page for details**

**Register online at <https://www.cle-abroad.com/trip/calbars-pt/>**





B - Breakfast

L - Lunch

D - Dinner

# TASTE OF LISBON & NORTHERN PORTUGAL

*Itinerary subject to change and final confirmations. Program schedule will be adapted to enrolled participants and special requests are encouraged.*

## Day 1

Wednesday May 10

### Morning

Participants arrive throughout the morning to **Lisbon International Airport (LIS)**.

### Afternoon

Check into the 5 Star **Altis Avenida Hotel** or **Avenida Palace** (or equivalent).

### 2:00 PM

Welcome lunch at **Sr. Lisboa** restaurant, just a few blocks from our hotel. Modern Portuguese cuisine in a friendly, family-style setting.

### 3:30 PM

Depart for program orientation and walking tour of the nearby **Barrio Alto** neighborhood.

### 5:00 PM

#### INTRODUCTION TO PORTUGUESE LEGAL AND POLITICAL SYSTEMS

Presentation by **Dr. Guilherme Machado Dray**, Portuguese attorney and Professor of Law at the **University of Lisbon**. In his presentation, Dr. Gray and his top law students will provide an overview of Portuguese legal and political systems and basic principles of Portuguese **civil and commercial law** and procedure. Historical aspects of Portugal's **Roman-German civil law tradition**, relevant **legal trends**, as well the relationship of Portuguese and **European Union law**, will be discussed.

### 6:00 PM

**Wine MasterClass** "An Introduction to the Wines of Portugal."

### Evening

*Time to rest and get acclimated to local time zone.*

## Day 2

Thursday May 11

*Complimentary breakfast is served at the hotel.*

### Morning

**U.S.-PORTUGAL TRADE RELATIONS: Procurement Law, Foreign Investment and Doing Business in Portugal.** Meeting with representatives of the **US Embassy** and **American Chamber of Commerce** in Portugal.

OR

**SPORTS LAW IN PORTUGAL:** More than mere *futebol* with Portuguese Sports Lawyer **Fernando Veiga Gomes**.

Depart for our panoramic city tour of Lisbon by Bus, Tram and Foot. Please be sure to wear comfortable walking shoes!

Our first visit is the hilltop fortress, **St. George's Castle**, to enjoy stellar views of the city and time to stroll in the beautiful gardens.

Continuing downtown we visit **Bica** and central **Baixa** districts. **Baixa** and **Chiado** are newer parts of the city built after the 1755 earthquake that devastated Lisbon. Here we learn about the city's rebuilding plan that changed the shape of the new Lisbon city center. Free time to circle the majestic **Praça do Comércio** before departing for **Belém**.

### Afternoon

Group at **5 Oceans Restaurant** in **Belém**.

**Belém**, a **UNESCO World Heritage Site**, located on the shore of the **Tagus River** at the entrance to the Port of Lisbon. About 4 miles west of the Lisbon city center, many of Portugal's most famous landmarks are located in this area.

After lunch, we first visit the **Jerónimos Monastery**, dating back to the early 1500s and secularized by state decree in 1833. Besides one the best examples of Portuguese Late Gothic **Manueline** architecture, the Monastery is the home to the tomb of the infamous explorer, **Vasco de Gama**.



Time permitting, we see the **Belém Tower**, a small fortress island on the banks of the river and part of Lisbon's Old World defense system.

Also on the Belém riverfront we see the massive sculpture **Monument to the Discoveries**, depicting **Henry the Navigator** at the helm of a large galleon commemorating the significance of maritime exploration in Portuguese history.

Remainder of afternoon free, return to hotel.

#### 8:00 PM

Dinner at the **Fado Association** in the historic **Alfama** neighborhood. Fado is a distinctly Portuguese musical genre characterized by emotional, passionate and sometimes mournful tunes and lyrics. We enjoy an endless supply of **Petiscos** (Portuguese Tapas) in an intimate setting accompanied by our very own private Fado demonstration. In 2011, Fado was recognized on the **UNESCO Cultural Heritage List**.

### Day 3 Friday May 12

#### Morning

We depart for the majestic resort town of **Sintra**, a longtime royal sanctuary and summer home for Lisbon's elite. Sintra's mountains, forested terrain, proximity to the ocean and unique *Moorish and Manueline* style palaces define Sintra's breathtaking and one-of-a-kind landscape.

#### 9:00 AM

En route to Sintra, we first visit the **Queluz Palace**. Often overlooked given its relatively small size, this 18th-century palace is one of the last great *Late Baroque* buildings designed in Europe, commonly referred to as the Portuguese *Versailles*. Wide corridors, impressive interiors and far less tourists make this palace an enjoyable first visit.

We continue to the unmatched **Pena Palace** grounds and gardens. This 19th-century Romanticist castle proudly stands alone as a National Monument and **UNESCO World Heritage Site**. Pena Palace's eclectic mix of architectural styles include *Neo-Gothic*, *Neo-Manueline*, *Neo-Islamic* and *Neo-Renaissance*, which all contribute to its whimsical and fairy-tale like appearance. After time to explore the Pena Park, we continue to Sintra's village center.

#### 11:15 AM

Free time to explore the center of town before lunch.

#### 12:30 PM

Group lunch at **Café Paris** in Old Town Sintra with guest speaker.

#### 2:30 PM

After lunch we visit **Cabo de la Roca**, Continental Europe's westernmost point. After taking in the stellar views and dramatic sea cliffs from this picturesque overlook, we return to Lisbon.

Time permitting while returning to Lisbon, we take the scenic coastal route passing through **Cascais**.

#### 5:30 PM

Return to hotel. *Dinner on your own. Suitable recommendations will be provided.*

### Day 4 Saturday May 13

#### Morning

#### CRIMINAL JUSTICE AND DOMESTIC VIOLENCE IN PORTUGAL

This morning we meet with the **Portuguese Association for Victim Support** (*Associação Portuguesa de Apoio à Vítima* or "**APAV**") to learn about the Portuguese **criminal justice system** and the mission of this important organization. Topics will include **domestic violence**, **human trafficking**, and the role victims in the Portuguese justice system aided by the work of APAV.

#### AND/OR PANEL OF YOUNG WOMEN ATTORNEYS.

On your last full day in Lisbon, enjoy as much free time as you'd like. Lunch in on your own today.

Optional activities will be arranged.

Farewell Dinner in Lisbon.

### Day 5 Sunday May 14

#### DEPARTURE DAY OR EXTENSION TO NORTHERN PORTUGAL

*If returning to the USA, Optional morning activities before departing Lisbon.*

#### Morning

Hotel check-out, board bus for day trip through Central and Northern Portugal.

Our first stop is **Óbidos**, one of Portugal's best preserved medieval towns.



We enjoy 45- 60 minutes of free time to stroll the cobblestone streets, shop at the local boutiques, and taste the local **Ginja** – a traditional Portuguese liqueur infusion of sour cherries and spices.

Steady walkers will have time to reach the **Óbidos Castle**. Legend has it that in the year 1148, **Dom Afonso Henriques** and his troops disguised themselves as cherry trees to capture this Castle from the Moors. Henriques became Portugal's founding father and first King.

#### 1:00 PM

Depart for **Porto**, Portugal's second largest city.

#### 7:30 PM

Arrive Porto, check into our 5 Star **Hotel Infante Sagres** (or equivalent)

#### Evening

*Dinner on your own. Suitable recommendations will be provided.*

### Day 6 Monday May 15

*Breakfast and coffee served daily in the hotel.*

#### Morning

Depart for our Douro Valley Tour traveling towards **Pinhão**, enjoying one of the world's most scenic drives along the Douro River.

Our first stop in the Douro is **Quinta do Vallado** for a Winery Tour, Tasting and Lunch.

#### Afternoon

We continue deeper into the Douro Wine Valley and take one of the most scenic drives in the world along the Douro River. We board a traditional Rabelo style boat in Pinhão for a private river cruise.

Before returning to Porto, we visit one additional winery for a final wine tasting. Return to Porto.

### Day 7 Tuesday May 16

#### Morning

City tour of Porto. Please remember to wear comfortable shoes!

Located along the **Douro river**, Porto was originally an outpost of the Roman Empire and is today one of the oldest cities in Europe. Not so coincidentally, one of Portugal's famous exports, **port wine**, is named

after the city. In 1703, the **Methuen Treaty** established trade between Portugal and England and the production of port wine gradually fell into the hands of British firms. Even today, the vast majority of port cellars carry their original English names.

#### 11:00 AM

#### READING BETWEEN THE WINES: An overview of wine laws and regulation in Portugal

**Presentation** at the *Instituto dos Vinhos do Douro and Porto* (IVDP). In this briefing, we will learn some of the technical terms about wine and understand the most important regulations for winemakers and exporters in Portugal.

Producers are governed by the IVDP, with specific requirements concerning geographic denomination, aging terms, and labeling codes for varietal vs. blends. Topics of **intellectual property, consumer protection, export/import**, and local **real estate law** will also be discussed.

#### 11:00 AM (Alternative for Non-Lawyers)

Visit to the **Palacio da Bolsa**, Porto's old Stock Exchange Palace and Courthouse. Featuring a mixture of architectural styles, the construction of this building began in 1842 and took nearly 70 years to complete.

#### 1:00 PM

Lunch at **DOP** by star chef **Rui Paula**.

*Remainder of afternoon free.* Some may decide to cross the river to the city of **Vila Nova de Gaia** (or simply '**Gaia**' for short), to visit the area known for its historic port lodges.

#### Afternoon

Return to our hotel to freshen up for our Farewell Dinner.

#### Evening

Private Tour and Porto **Farewell Dinner** at Taylor's or Graham's Port Lodge.

## Day 8

Wednesday May 17

### DEPARTURE DAY FOR SOME FROM PORTO [OPO] OR RETURN TO LISBON.

For those continuing, we depart for **Coimbra**, one of Portugal's oldest cities and its former capital during the Middle Ages.

Arrive in Coimbra. We enjoy lunch at a local restaurant and visit the **University of Coimbra**.

#### Morning

#### HIGHER EDUCATION IN PORTUGAL

We tour the historic University campus and see its famous **Library** reminiscent of *Hogwarts* from the Harry Potter series. We also see the **Faculty of Law**. In existence for over 180 years, the Law School is one of Portugal's most prestigious.

We enjoy lunch at a local restaurant after visiting the **University of Coimbra**.

Time permitting after lunch we continue for a quick stop in **Fátima**, **Caldas da Rainha** or **Nazaré**. Once a sleepy town dedicated to the production of Olive Oil, today Fátima derives the bulk of its wealth and popularity due to religious pilgrimage. Nazaré on the other hand is a fishing village located on Portugal's 'Silver Coast' known for having some of the largest waves suitable only for the most experienced surfers.

Depart for Lisbon & Check in to Lisbon Hotel.

Group Farewell Dinner.

## Day 9

Thursday May 18

### DEPARTURE DAY FROM LISBON [LIS].

Participants may elect to extend their stay in Europe or Portugal after the trip - please let CLE Abroad if you need any additional nights at our hotels (group rates extended at cost).

*Note: Dietary restrictions will be accommodated. Food and Activity surveys distributed to participants at a later date.*







Space is limited!! Register online at: [www.cle-abroad.com/trip/calbars-pt/](http://www.cle-abroad.com/trip/calbars-pt/)

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