



An Overview of Programs for Older Adults

Tuesday, March 22, 2022

12:00 p.m. to 1:00 p.m.

CDA Vision and Mission



CDA Vision

An age and disability friendly California where we choose where and how we live throughout our lives

CDA Mission

Transform Aging for individuals, families, and communities by leading innovative programs, planning, policies, and partnerships that increase choices, equity, and well-being for all Californians as we age

CDA Strategic Goals



- Increase Choices to Live at Home and In the Community
- Increase the Wellness of Residents in Long-Term Care Facilities
- Advance the CA for All Ages through the Master Plan for Aging by 2030
- Increase Public Awareness and Engagement
- Modernize CDA and Aging Networks

Increase Choices to Live at Home and in the Community



Older Americans Act Programs

- Services delivered by 33 local Area Agencies on Aging
- Programs are targeted to low-income older adults 60+
- Programs are not means tested
- Total budget is \$739 million

Increase Choices to Live at Home and in the Community



Older Americans Act (OAA) Programs

OAA Programs include:

- Nutrition Services (congregate and home-delivered)
- Information and Assistance
- Family Caregiving
- Legal Assistance
- Case Management
- Transportation

Increase Choices to Live at Home and in the Community



COVID – Responding to the Moment

- Provided 28 million meals to approximately 350,000 Californians
- 1.2 million information and assistance calls answered
- Established a statewide behavioral health warmline
- Assistance and outreach for vaccinations and boosters
- Purchased 4,000 iPads to help bridge the digital divide

Increase Choices to Live at Home and in the Community



Community-Based Adult Services (CBAS)

- 270 CBAS sites serve approximately 39,000 clients
- CBAS is a community-based day program that provides health and social services to older persons and adults with chronic medical, cognitive, or mental health conditions and/or disabilities to delay and prevent the need for institutional care.

Multipurpose Senior Services Program (MSSP)

- 37 MSSP sites serve 11,740 individuals
- Team-based care management for frail older adults to remain in their homes includes an individual care management plan, referrals to medical and community resources, transportation and specified ADLs.

Increase Choices to Live at Home and in the Community



Aging and Disability Resource Connections (ADRC)

- The ADRC program is a coordinated “one-stop” telephone and on-line access program which enables a single point of entry for older adults and people with disabilities, regardless of age, income, or disability, to navigate their local systems of long-term services and supports.
- Provides warm hand-off referral/assistance services, person-centered options counseling, short-term service coordination during times of crisis, and transition services from hospitals to home and from skilled nursing facilities back into the community.
- These are a partnership between AAAs and Independent Living Centers (ILCs). There are 33 ADRCs statewide covering 51% of the population of the State. Fifteen of the ADRCs are established and nine are developing.

Increase Wellness of Residents of Long-Term Care Facilities



Long-Term Care Ombudsman Program

- The Long-Term Care Ombudsman Program identifies, investigates, and resolves complaints of abuse and neglect made by or on behalf of residents of long-term care (LTC) facilities that impact the residents' health, safety, welfare, or rights.
- There are 35 local Ombudsman offices that provide coverage in the state's skilled nursing facilities and residential care facilities for the elderly. In FFY 2020, local Ombudsman investigated nearly 30,000 complaints.

Long-Term Care Patient Representative

AB 135 (2020) established a new program, the Long-Term Care Patient Representative Program to represent the health care wishes of unrepresented, incapacitated resident on SNF and ICF interdisciplinary team (IDT) meetings.

Local Aging Program Services



Services in Contra Costa

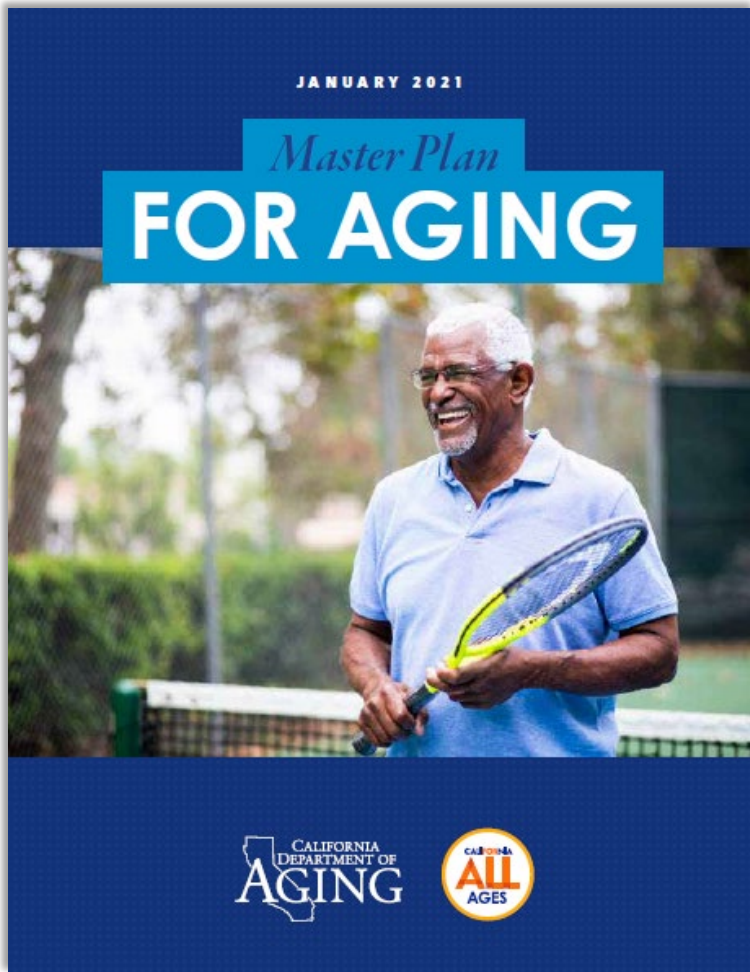
Contra Costa Area Agency on Aging

300 Ellinwood Way
Pleasant Hill, CA 94523
(925) 229-8434

Long-Term Care Ombudsman

Empowered Aging
2255 Contra Costa Blvd., Ste 204
Pleasant Hill, CA 94523
(925) 685-2049

Advance CA for All Ages through the Master Plan for Aging by 2030



✓ 5 Bold Goals for 2030

- ✓ Goal 1: Housing for All Ages and Stages
- ✓ Goal 2: Health Reimagined
- ✓ Goal 3: Inclusion and Equity, Not Isolation
- ✓ Goal 4: Caregiving the Works
- ✓ Goal 5: Affording Aging

✓ Data Dashboard

✓ Local Playbook

CDA Resources and Links



[California Department of Aging](#)

[California Master Plan for Aging](#)

[Disability and Aging Community Living Advisory Committee](#)

[IMPACT Stakeholder Committee](#)

[Elder and Disability Justice Coordinating Council](#)

[Equity in Aging Advisory Committee](#)



Thank You!



@CaliforniaAging



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DEPARTMENT of
REHABILITATION

Employment, Independence & Equality

An Overview of Programs for Individuals with Disabilities

VISION AND MISSION

DOR Vision:

Employment, Independence and Equality for all Californians with Disabilities.

DOR Mission:

The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.

CORE PROGRAMS BY DIVISION

- **SPECIALIZED SERVICES**

Specialized Services, Blind, Visually Impaired, Deaf & Hard of Hearing Division

- **VRPRD**

Vocational Rehabilitation Policy and Resources Division

- **VR**

Vocational Rehabilitation Employment Division

- **ILCAD**

Independent Living and Community Access Division



SPECIALIZED SERVICES

- **Blind Field Services:** Employment services
- **Business Enterprise Program:** Training and Employment for persons who are legally blind for vending contracts
- **Deaf & Hard of Hearing Services:** Training and Interpretation services
- **Older Individuals Who Are Blind:** Services for adults 55 or older who are visually impaired
- **Orientation Center for the Blind:** Immersive training center for individuals adjusting to visual impairment

VRPRD

Collaborative & Community Resources Branch

Supports the Vocational Rehabilitation Program with

- Cooperative Programs Section
 - Education Cooperative Programs Unit
 - Mental Health Cooperative Programs Unit
- Community Resources Development Section
- Social Security Programs
- CaPROMISE

VOCATIONAL REHABILITATION 1 of 2

- California operates the largest VR Program in the country.
- Provides customized services to individuals with disabilities to prepare for, obtain and maintain employment, and to live independently in their communities.
- Time limited and goal oriented
- Consumer-centered team support.
- Approximately 85 DOR field offices throughout California in 13 Geographical Districts plus Blind Field Services

VOCATIONAL REHABILITATION 2 of 2

VR services may include:

- Eligibility and Vocational Assessment
- Counseling and guidance, and referral services
- Educational and vocational training and materials
- Tools and license for performance of an occupation
- Assistive Technology
- Transportation
- Job coaching services
- Job placement

INDEPENDENT LIVING PHILOSOPHY

- Rooted in the civil rights movement of the 1960's
- Began in Northern California at Berkeley
- Currently, exist in all 50 states
- Provide services that support the Independent Living philosophy
- Based on a Social Model not a medical Model

"Independent Living is not doing things by yourself, it is being in control of how things are done."

~Judy Heumann

INDEPENDENT LIVING AND COMMUNITY ACCESS

Independent Living and Assistive Technology

- Support 28 ILCS with 65 offices across California
- Oversee Federal Assistive Technology Grant
- Pilot Program for Voice Options providing Speech Generating Devices
- Traumatic Brain Injury
- **Disability Access Services**
- Provide training and technical assistance

California Committee for the Employment of People with Disabilities

- Provide policy recommendation to Secretaries of Health and Human Services and Labor

INDEPENDENT LIVING AND ASSISTIVE TECHNOLOGY

- **IL Core Services**

1. Independent living skills training
2. Individual and systems advocacy
3. Peer counseling
4. Information and referrals
5. Transition

- **Assistive Technology**

Devices, Reuse, Loans

- **Voice Options**

Speech Generating Devices

- **Traumatic Brain Injury**

- Improve independent living skills

DISABILITY ACCESS SERVICES

Trainings

- Disability Etiquette and Awareness
- Employment and Reasonable Accommodation
- Digital and Document Accessibility
- Hiring and Supervising Individuals with Accessibility

Technical Assistance (TA)

- Provide TA to individuals, business and public entities on disability related issues
- Provide digital remediation services

INITIATIVES

- Disaster Preparedness
- Aging & Disability Resource Connections (ADRC) and No Wrong Door Services
- Transition and Diversion
- Virtual Accessible Meeting Training

SERVICES IN CONTRA COSTA COUNTY

VR Office

Greater East Bay Regional District Office

1485 Civic Court , Ste. 1100

Concord, CA 94520

(925) 602-3953

IL Center

Independent Living Resources-Solano & Contra Costa Counties

1850 Gateway Blvd., Ste 170

Concord, CA 94520

(925) 363-7293